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Beyond the art in Miami

Music, fashion, yoga and David Lynch

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Bummed that the whole Kanye West, Lou Reed, bands-and-DJs galore UR1 music festival isn't happening during the Art Basel weekend anymore? There's still plenty of music in Miami this week. One hot pick is Metric, with fierce temptress Emily Haines, at the VH1 Outdoor Lounge for Scope Miami's official Thursday night party. That's the night after Rick Ross and his Maybach Music crew show Miami Beach who's boss at the Fillmore. But if you prefer to hear yourself behind the mike, there's the Jelsomino karaoke lounge, where DJ Ace — also known as Will Smith's son, Trey — will take over the decks on Friday. And expect Dutch DJ Tiësto's late Saturday night at the Fontainebleau's LIV nightclub to be an unofficial after party for ballers and bombshells alike.

Om baby

Need to chill out and detox after your wild Art Basel nights? Head to the Wynwood Walls outdoor museum of street art (where a new Shepard Fairey mural will be unveiled) for YogArt. Yep, that's yoga meets art, with public sessions Thursday through Sunday for $30. And South Beach juice bar JugoFresh will have a Wynwood pop-up, with bottles designed by local street artist Douglas Hoekzema and HGTV's "Design Star" contender Mark Diaz, to keep you fortified. For a real meal, chef Dena Marino's newly opened MC Kitchen nearby in the Design District is already winning over local tastemakers. South Beach Wine & Food Festival founder Lee Schrager, one of YogArt's creators, has raved about the modern Italian restaurant on Twitter, as has cantankerous "food fanatic" the Chowfather. After a meal that included artichoke heart bruschetta, oven-roasted langoustines and garganelli with a veal, venison and pork bolognese, he shouted out Marino on Twitter: "Now this @bellachef19 is an Italian chef to get excited about #nohypeTHErealdeal #gourmetalltheway #chopthis."